

OPT-OUT REQUEST FORM
Fifth Grade

If you wish to opt your child out of all or some of the Fifth Grade Family Life Education (FLE) lessons, please complete this form and return it to the school office or to your child's teacher by the second week of school. These experiences can be provided by the teacher through the climate of the classroom, or integrated into the classroom curriculum. These experiences can also be provided by the school counselor through individual, group counseling, or classroom guidance. **Standards that focus on sensitive topics will be taught in gender separate classes with our medical staff teaching the lessons.**

PLEASE NOTE: You do not need to return this form unless you are opting your child out of all or some of the Fifth Grade Family Life Education lessons.

CHILD'S NAME _____

SCHOOL _____ **TEACHER** _____

Directions: Please check the Fifth Grade FLE standard in which you do not want your child to take part.

- ___ 5.1 The student will define the structure and function of the endocrine system.
- ___ 5.2 The student will identify the human reproductive organs in relation to the total anatomy.
- ___ 5.3 The student will explain how human beings reproduce.
- ___ 5.4 The student will recognize the relationship between the physical changes that occur during puberty and the developing capacity for reproduction.
- ___ 5.5 The student will realize the importance of nutrition for him or herself and for pregnant women who need to eat nutritious foods and avoid dangerous substances while the baby is growing inside the uterus.
- ___ 5.6 The student will identify reasons for avoiding sexual activity prior to marriage.
- ___ 5.7 The student will describe the effects of personal hygiene on one's self-concept.
- ___ 5.8 The student will recognize the importance of contributing to a constructive group activity.
- ___ 5.9 The student will develop an increased understanding of the roles, duties, and responsibilities of family members.
- ___ 5.10 The student will examine the messages from mass media related to sexuality.
- ___ 5.11 The student will develop skill in saying "no" to any social behavior or activity that he or she perceives as wrong for himself or herself.
- ___ 5.12 The student will recognize threatening or uncomfortable situations and how to react to them.
- ___ 5.13 The student will explain the effects of substance abuse on the body.

Parent/Guardian Signature

Date