

**OPT-OUT REQUEST FORM**  
**Seventh Grade**

If you wish to opt your child out of all or some of the Seventh Grade Family Life Education (FLE) lessons, please complete this form and return it to the school office or to your child's teacher by the second week of school. These experiences can be provided by the teacher through the climate of the classroom, or integrated into the classroom curriculum. These experiences can also be provided by the school counselor through individual, group counseling, or classroom guidance. **Standards that focus on sensitive topics will be taught in gender separate classes with our medical staff teaching the lessons.**

**PLEASE NOTE: You do not need to return this form unless you are opting your child out of all or some of the Seventh Grade Family Life Education lessons.**

**CHILD'S NAME** \_\_\_\_\_

**SCHOOL** \_\_\_\_\_ **TEACHER** \_\_\_\_\_

**Directions: Please check the Seventh Grade FLE standard in which you do not want your child to take part.**

\_\_\_ 7.2 - The student will recognize the physical development of his or her sex characteristics and how they affect emotional and social growth.

\_\_\_ 7.4 - The student will recognize that sexual behaviors are conscious decisions; that it is important to say "no" to premarital and inappropriate sexual relationships; and that appropriate relationships are based on mutual respect, trust, and caring.

\_\_\_ 7.6 - The student will be aware of the consequences of preteen and teenage sexual intercourse.

\_\_\_ 7.7 - The student will list the adverse consequences of a pregnancy in early adolescence, as well as the positive benefits of postponing pregnancy until marriage.

\_\_\_ 7.8 - The student will describe the signs and symptoms of pregnancy.

\_\_\_ 7.9 - The student will develop an understanding of and responsibility for family planning.

\_\_\_ 7.10 - The student will explain techniques for preventing and reporting sexual assault and molestation.

\_\_\_ 7.11 - The student will identify causes, symptoms, treatment, prevention, and transmission of sexually transmitted diseases, including AIDS.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date