

**OPT-OUT REQUEST FORM**  
**Third Grade**

If you wish to opt your child out of all or some of the Third Grade Family Life Education (FLE) lessons, please complete this form and return it to the school office or to your child's teacher by the second week of school. These experiences can be provided by the teacher through the climate of the classroom, or integrated into the classroom curriculum. These experiences can also be provided by the school counselor through individual, group counseling, or classroom guidance.

**PLEASE NOTE: You do not need to return this form unless you are opting your child out of all or some of the Third Grade Family Life Education lessons.**

**CHILD'S NAME** \_\_\_\_\_

**SCHOOL** \_\_\_\_\_ **TEACHER** \_\_\_\_\_

**Directions: Please check the Third Grade FLE standard in which you do not want your child to take part.**

- \_\_\_ 3.1 The student will demonstrate a sense of belonging in group work and play.
- \_\_\_ 3.2 The student will express what he or she likes about himself or herself to continue developing a positive self-image.
- \_\_\_ 3.3 The student will become aware of the changes occurring in family life that affect daily living and produce strong feelings.
- \_\_\_ 3.4 The student will give examples of healthy coping strategies for dealing with the feelings produced by changes in the family.
- \_\_\_ 3.6 The student will recognize that all human beings grow and develop in a given sequence but that rates and patterns vary with individuals.
- \_\_\_ 3.9 The student will describe the types of behavior that enable him or her to gain friends or to lose friends.
- \_\_\_ 3.10 The student will practice safety rules in the home.
- \_\_\_ 3.11 The student will demonstrate to others how to respond appropriately to good touches and how to handle inappropriate approaches from relatives, neighbors, strangers, and others.
- \_\_\_ 3.12 The student will be conscious of how commercials use our emotions to make us want products.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date