



Dear Parent/Guardians,

As we head into a new school year, here are some things to keep in mind. We need a new **Health Information Form** for your student(s) each year within the first 14 days of school, per the Code of Virginia. *Failure to provide an updated health form will result in your student's inability to participate in field trips, sports, and other extra-curricular activities.*

Pulaski County Public Schools has gone paperless with Health Information Forms. The form can now be found in CareDox, our new medical charting system. CareDox is a great tool for our nursing staff and it provides parents better access to their student's health record. If you have already signed up for CareDox, please login and make sure your student's profile is up to date and accurate. All care plans and medication orders must be renewed yearly, per PCPS policy.

Please speak with your student's school nurse if you do not have email or internet access.

Parent benefits of using CareDox:

- Fill out your student's health profile once, and update any changes each year, ensuring it is always up-to-date.
- Accurate and portable vital information for daily and emergency use.
- Real-time notifications when your child visits the nurse's office.
- Notifications by email when your student's medication inventory is low.
- Giving parents access to student health records anytime, anywhere via computer, tablet, or smartphone.



How do you access CareDox:

- Provide the school with your email address by completing the yearly demographics form.
- You can connect to your student's CareDox account through Parent Portal.
- You can also go to caredox.com and sign-up or sign back in.
- You can change or retrieve your password at caredox.com.

