



202 N. Washington Avenue
Pulaski, VA 24301

Date: March 24, 2020
To: Parent/Guardians
From: Pulaski County Public Schools – School Nutrition Program
Subject: School meals during coronavirus-related closure

Pulaski County Public Schools (PCPS) are closed due to concerns over the coronavirus beginning March 16, 2020. The PCPS School Nutrition Program will be providing a packaged breakfast and lunch during this closure. We will utilize the following schedule:

- **Monday: 2 breakfasts & 2 lunches**
- **Wednesday: 3 breakfasts & 3 lunches**

Meals are for children ages 2 through 18 (or up to age 21 for student with disabilities).

Meals are being prepared by the Pulaski County School Nutrition Program and preparation sites are Critzer Elementary, Pulaski County High School and Snowville Elementary School.

Drive through to pick up meals will be available at the following areas from 1:00 pm-3:00 pm beginning Wednesday March 18th, 2020.

Drive Though Pick up Points Via Buses in the Parking Lot:

French’s Chapel-canceled	Parrot Church of God- 2:15-3:00	Snowville Elementary
Critzer Elementary	Pulaski County High School	Morgan’s Chapel-canceled
Fairlawn Baptist Church (1:00-2:00)	Dublin United Methodist Church	Abundant Life

School buses will be parked in the following Parking Lots as Pick up Points:

Old Hiwassee Elementary	Old Draper Elementary School	Central Gym
Washington Square (1:00 – 1:30)	Meadow View (1:30– 2:00)	Abby Court (1:00 – 2:00)-canceled

More information about distribution locations and deliveries will be available on the pcva.us website and on your child’s school website by Tuesday, March 17, 2020. Parents are asked to accompany students at all sites to accept the meals.

Please use this email address to request meals pulaskicountyschoolmeals@pcva.us or call this number if you’re not able to connect with a meal distribution site 540-643-0104. If you need the Instructional packet and/or meals use this email or phone number to request. All Meal home deliveries has ended.

La interpretación de este documento está disponible. Llame a Dannah Card, especialista en EL, al 540-643-0919.

可以阅读本文档的解释。请拨打电话540-643-0919致电EL专家Dannah Card

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Disclaimer:

Pulaski County School Nutrition is pleased to offer meals while schools are not in session. Some of the menu items are perishable and some items may require cooking. Pulaski County’s Public School Nutrition Program releases responsibility to parents regarding meal safety once meals are distributed. Nutrition information is available by contacting esadler@pcva.us or cpaul@pcva.us or by visiting www.pcva.us. Meals for Special Dietary needs are not available during meal planning – special circumstances please contact us.

Cooking instruction is listed below:

Refrigerate Meal Bag until ready to consume. Listed below are food items that may be included for breakfast and lunch (this list may not include every item).

Please follow instructions to prepare.

- Mini Corndog Nuggets
- Corndogs
- Pizza
- Maxi Cheese Sticks/Tasty Brand Cheese Sticks
- Popcorn Chicken
- H & S Chicken Patties
- Chicken Tenders
- Breakfast Pizza
- Pillsbury pre-packaged items: Mini Pancakes, Cinnamon Rolls, Cherry or Apple Frudels, Strawberry Bagels, Mini Waffles (follow instructions on package)

Item Heating Instructions:

Remove item from plastic bag- (mini corndog nuggets, chicken tenders or other meat items)

Place food on baking sheet. Heat food @ 375° for 10-14 minutes or until temperature reaches 165° or Microwave 1-2 minutes until heated thoroughly.

After heating discard any leftover foods if not consumed.

Cooking instructions for vegetables

VEGETABLES: REMOVE from container, pour into a microwave safe dish, Microwave 3 to 4 minutes on REHEAT or until hot. Let stand 2 to 3 minutes to heat completely through.